



Ladies League Tag schedule 2017

Saturday April 29 - 9.45am - Training at Manildra

Sunday May 7 – 10.30am Training at Mudgee’s Cahill Park, team lunch afterwards before attending the Country v City match.

Friday May 12 - 4.30pm assemble at Cowra, training at 5.30pm, Sid Kallas Oval Cowra (Accommodation and meals provided at Cowra)

Saturday May 13 – 11.00am kick-off v Monaro at Sid Kallas Oval, Cowra

Potential commitments

Saturday May 20 - Potential commitment Rd 2 v Riverina at West Wyalong

Saturday May 27 – Potential commitment semi-final venue TBC

Saturday June 3 – Potential commitment championship final venue TBC

Medical advice card

Following is a link to a medical advice card that will need to be completed by each player and handed to the Sports Trainers Vickie and Chrystal.

Players 18 or over please complete the senior player medical advice card, players under the age of under please use the junior player form.

<https://playnrl.com/media/2276/medical-advice-card.pdf>

Coach - Mick Armstrong 0402892839

Assistant coach - Jess Skinner 0435760485

Manager - Melinda Gleeson 0407662256

League safe - Karah Logan 0439401236

Sports Trainer Level 1 - Chrystal Thompson 0412486271

Sports Trainer Level 2 - Vickie Everingham 0400766265